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correctly while providing bodily control and reducing tension. In general, sports help to build up self confidence while providing a well needed outlet. In a creative adaptation of table tennis which the students love, a specially adapted ping pong table is used with nets on each end and two players use paddles to roll a golf ball into the opponents net to score points.

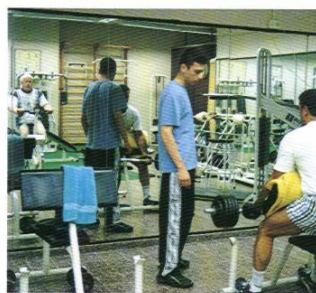
Deutsch is proud of the Institute's top notch body building center where everyone can work with guidance according to his/her own ability and needs. Tread mills and other machinery are also fitted with braille programming instructions. Tandem bicycle riding has also increased in popularity at the Institute, and sighted cyclists are often seen in and around Jerusalem pedaling with their blind or partially sighted colleagues. Students have also participated in nationwide races such as the Kinneret tournament which involves pedaling around the Sea of Galilee.

Swimming is Healthy and Fun

According to Jewish wisdom, a father is required to teach his son to swim. At the Institute, swimming is taken very seriously as a sport and developmental exercise, and everyone is in the pool at least once a week as part of their routine. "Everyone swims and this has become an integral part of everyone's weekly schedule," according to Deutsch. "We hope to raise the level of

competition in swimming also through the Sports Organization of the Blind.

One quick look at the bulletin board in Deutsch's office shows how the pool as well as the Sports Center in general is being utilized every available hour. A strong emphasis has always been placed on sports at the JIB. Today, both the level and content of sports activities is being raised, and students are succeeding in developing their muscles and simply having fun!



Workout in fitness room

Recent Visitors to the Institute



CANADA

Mr. Joseph Feller Ottawa, Ont.



FINLAND

Mr. Feivel Kafka Helsinki



FRANCE

Mr & Mrs. Maurice Jablonski La Varenne
Mr. & Mrs. Sholem Klinger Paris
Mrs. Myriam Nathan La Varenne



HOLLAND

Mr. Daan Lottering Zeist
Mr. Arnold van Weelde Gonda



MEXICO

Mr. Roberto Feldman Mexico City



SWEDEN

Ms. Yvonne Erannndsson Lund
Mr. Drago Prvulovic Malmö
(Members of the Swedish Delegation to the Eurovision)

65 Jewish Day School pupils accompanied by educator Mrs. Helen Rubinstein



UNITED STATES

Mr. & Mrs. Samuel Baseman L.A., Calif.
Mr. & Mrs. Gus Goldschmidt NYC
Mr. Giora Orner Culver, Va.



Bi-annual Newsletter

Editor: Janet Mendelsohn Moshe

Jewish Institute for the Blind

servicing Israel's blind, visually impaired, and multi-handicapped for 90 years

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Insights from Abroad

- A group from the Swedish 'Israel Experience' program was recently welcomed at the Institute. Sixty-five pupils from the Jewish classes at Vasa Real in Stockholm and other schools in Sweden came with their teacher Helen Rubinstein for an educational visit. The 'Israel Experience' has been coming regularly to visit the Institute every year since 1992, and they have passed on the message of the educational possibilities available at the Institute to many young Swedes.

- Receiving a recent letter from a

Florida visitor, we at the Institute were happy to hear complimentary remarks as well as receive a generous contribution: "I am enclosing my contribution to the Institute for the very remarkable achievements and progress of the blind students under your care. On my visit with my sons Gene and Joel, we were assured that the children are bound to succeed in an environment of such caring and individual encouragement. Thank you from all of us. Yours sincerely, Eva Trupin" (This letter was particularly moving as Mrs. Trupin's late husband was blind and taught rehabilitation courses to blind students.)